

5 things to keep you secure online...



South Wales Police Cyber Crime Unit

5

Take 5!

Don't respond to texts, emails or phone calls until you've checked they are who they say they are. Always check details using a separate source.

Don't click on links in texts or emails that you aren't expecting – even if it looks genuine.

4

Four things to always remember to do:

1. Use anti-virus software on all devices.
2. Accept software updates straight away.
3. Back up your important data to an external device.
4. Use a screen lock. This can be a number or a finger/thumb print.

3

Use 3 random words to create **strong** and separate passwords. Add numbers and symbols like this:

(GiraffeTitanicMountain83)Gmail
(GiraffeTitanicMountain83)Facebook

Don't use the same password for everything.

Never give your password to someone.

Use a password manager to help you remember them.

2

Set up 2 factor authentication (2FA) on your online accounts. This will help prevent cyber criminals from accessing your data and notify you if anyone tries!



1

Report any scam/fraud or cyber incident to **ActionFraud UK** – even if you haven't lost any money/data.

This helps us respond to and build up a picture of the crime trends that affect us all.

ActionFraud

National Fraud & Cyber Crime Reporting Centre

0300 123 2040